

# *Loving Me: Children's Celebration of Who They Are*

Loving Me is an educational group for children 5 to 7 years old that promotes identifying strengths, building self-esteem and embracing diversity. Children will be able to explore what makes them special and unique.

Through the use of organized activities, creative play and interactive discussions children will learn:

- Communication skills
- Getting along with others
- Sharing thoughts and feelings
- Seeing everyone is important



Located At:

## **Bayside Counseling**

1921 Boston Post Road #207  
Westbrook, CT  
860-399-9500

Presented By:

## **Dena Otrin, LPC, NCC**

Licensed Professional Counselor  
National Certified Counselor

This group will meet every other Saturday for eight weeks from 11am to 12pm. Start date based on interest.

Most insurances accepted or self-pay is \$30.00 per session.

*Space is Limited!*

*Register Today!*